

# SODEXO

Page 1

Cycle No. 1 thru Cycle No. 25 Cycle Spreadsheet - Portion

Sep 18, 2012

## Values K-5 LUNCH

	Portion Size	Carb (g)
WEEK 1 DAY 1		
K-5 LUNCH	Total	
BURRITO BRKFST:K-8	1 EACH	25.6
SAND HOT CHEESEBURGER:K-8	1 EACH	24.01
SAND HOT HAMBURGER:K-5	1 EACH	24.01
SAND COLD TURKEY & CHEESE:ES	1 EACH	29.37
SALAD ENT MINNIE MOUSE:K-8	1 EACH	29.51
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
POTATO SWEET TOTS/BITES	3/4 CUP	27.0
SALAD SIDE ROMAINE	1 CUP	3.47
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
SALSA	1/8 CUP	2.0
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		87.22
% of Calories		47.9%

Week 1 Day 2		
K-5 LUNCH	Total	
CHICKEN POPCORN BITES	15 EACH	17.5
SAND HOT GRILLED CHEESE:K-5	1 EACH	26.0
SAND COLD EGG SALAD:ES	1 EACH	28.21
SALAD ENT ASIAN CHICKEN:K-8	1 EACH	37.65
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
PEAS FROZEN	3/4 CUP	17.11
SALAD SIDE ROMAINE	1 CUP	3.47
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
DRESSING RANCH	1 TBSP	4.0
KETCHUP	1 TBSP	0.0
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		71.25
% of Calories		49.7%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - denotes optional nutrient values

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# SODEXO

Page 2

Cycle No. 1 thru Cycle No. 25 Cycle Spreadsheet - Portion

Sep 18, 2012

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 1 Day 3		
K-5 LUNCH	Total	
RAVIOLI CHEESE	3 EACH	34.63
SAND HOT CHICKEN PATTY:K-8	1 EACH	38.0
SAND COLD HAM AND CHEESE:ES	1 EACH	26.6
SALAD ENT CHEF:K-8	1 EACH	32.06
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SPINACH,SAUTEED	3/4 CUP	2.34
SALAD SIDE ROMAINE	1 CUP	3.47
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
MAYONNAISE	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		77.66
% of Calories		46.2%

Week 1 Day 4		
K-5 LUNCH	Total	
TACO BEEF SOFT:K-8	1 EACH	27.91
TACO BEEF CRISPY:K-8	3 EACH	38.41
SAND HOT TURKEY PULLED:K-8	1 EACH	34.69
WRAP BUFFALO CHICKEN:K-8	WRAP	40.71
YOGURT BOAT--LUNCH:K-5	1 EACH	51.0
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SALAD SIDE ROMAINE	1 CUP	3.47
GREEN PEPPER STRIPS	3/4 CUP	3.0
LETTUCE,SHREDDED	1/8 CUP	0.13
TOMATO,CHOPPED	1/8 CUP	0.88
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
SALSA	1/8 CUP	2.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		78.44
% of Calories		49.6%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - denotes optional nutrient values

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# SODEXO

Page 3

Cycle No. 1 thru Cycle No. 25 Cycle Spreadsheet - Portion

Sep 18, 2012

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 1 Day 5		
K-5 LUNCH	Total	
PIZZA FRECH BREAD,CHEESE	1 EACH	34.0
PIZZA FRECH BREAD,PEPPERONI	1 EACH	34.09
CORN DOG,CHICKEN	1 EACH	26.0
WRAP CHICKEN CAESAR:K-8	WRAP	27.26
SALAD ENT LIFT-OFF SPINACH:K-8	1 EACH	31.25
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
BEAN,THREE BEAN SALAD	3/4 CUP	28.61
SALAD SIDE ROMAINE	1 CUP	3.47
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		80.57
% of Calories		51.6%

Week 2 Day 1		
K-5 LUNCH	Total	
QUESADILLA,CHEESE:K-8	1 EACH	25.2
SAND HOT CHEESEBURGER:K-8	1 EACH	24.01
SAND HOT HAMBURGER:K-5	1 EACH	24.01
SAND COLD TURKEY & CHEESE:ES	1 EACH	29.37
SALAD ENT MINNIE MOUSE:K-8	1 EACH	29.51
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
CARROTS BABY FRESH	3/4 cup	8.6
SALAD SIDE SPINACH	1 CUP	3.66
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
SALSA	1/8 CUP	2.0
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		72.97
% of Calories		44.5%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - denotes optional nutrient values

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# SODEXO

Page 4

Cycle No. 1 thru Cycle No. 25 Cycle Spreadsheet - Portion

Sep 18, 2012

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 2 Day 2		
K-5 LUNCH	Total	
CHICKEN,OVEN ROASTED	SERVING	1.0
RICE BROWN	3/4 CUP	38.4
PIZZA BOB	1 EACH	30.78
SAND COLD TUNA:ES	1 EACH	26.47
SALAD ENT TACO:K-8	1 EACH	28.24
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
POTATO WEDGES	3/4 CUP	29.17
SALAD SIDE SPINACH	1 CUP	3.66
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
SALSA	1/8 CUP	2.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		91.79
% of Calories		55.0%

Week 2 Day 3		
K-5 LUNCH	Total	
MACARONI AND CHEESE	2/3 CUP	27.67
BREADSTICK,FRENCH	1 EACH	12.5
SAND HOT CHICKEN PATTY:K-8	1 EACH	38.0
SAND COLD HAM AND CHEESE:ES	1 EACH	26.6
SALAD ENT CHEF:K-8	1 EACH	32.06
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
BROCCOLI FRESH STEAMED	3/4 CUP	8.4
SALAD SIDE SPINACH	1 CUP	3.66
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
MAYONNAISE	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		82.20
% of Calories		47.8%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# SODEXO

Page 5

Cycle No. 1 thru Cycle No. 25 Cycle Spreadsheet - Portion

Sep 18, 2012

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 2 Day 4		
K-5 LUNCH	Total	
GENERAL TSO'S CHICKEN	SERVING	12.0
RICE BROWN	3/4 CUP	38.4
HOT DOG:K-8	1 EACH	24.0
WRAP BUFFALO CHICKEN:K-8	WRAP	40.71
BAGEL BOAT	1 EACH	45.0
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
BEANS GREEN	3/4 CUP	7.39
SALAD SIDE SPINACH	1 CUP	3.66
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		80.93
% of Calories		57.1%

Week 2 Day 5		
K-5 LUNCH	Total	
PIZZA SMART CHEESE	1 EACH	37.0
PIZZA SMART PEPPERONI	1 EACH	36.0
SAND HOT FISHWICH	1 EACH	43.0
WRAP CHICKEN CAESAR:K-8	WRAP	27.26
SALAD ENT PEPPI PIZZA:K-8	1 EACH	30.88
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SALAD SIDE SPINACH	1 CUP	3.66
HUMMUS	1/2 CUP	26.82
CARROTS BABY FRESH	1/2 cup	5.73
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
SAUCE TARTAR	1 OZ	1.86
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		83.16
% of Calories		55.5%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient  
**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data  
**1** - denotes optional nutrient values

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# SODEXO

Page 6

Cycle No. 1 thru Cycle No. 25 Cycle Spreadsheet - Portion

Sep 18, 2012

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 3 Day 1		
K-5 LUNCH	Total	
FRENCH TOAST STICKS	3 EACH	33.75
SAUSAGE TURKEY PATTY	1 EACH	0.0
LTO--BEAN BURGER	1 EACH	47.62
SAND COLD TURKEY & CHEESE:ES	1 EACH	29.37
SALAD ENT MINNIE MOUSE:K-8	1 EACH	29.51
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
POTATO SWEET TOTS/BITES	3/4 CUP	27.0
SALAD SIDE ROMAINE	1 CUP	3.47
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
MAYONNAISE	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
SYRUP PANCAKE	1 FL OZ	26.0
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		106.91
% of Calories		58.7%

Week 3 Day 2		
K-5 LUNCH	Total	
CHICKEN NUGGETS,WG--TYSON	5 EACH	14.0
ROLL,DINNER WW	1 EACH	16.0
SAND HOT GRILLED CHEESE:K-5	1 EACH	26.0
SAND COLD EGG SALAD:ES	1 EACH	28.21
SALAD ENT CHICKEN CAESAR:K-8	1 EACH	31.23
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
CORN FROZEN	3/4 CUP	23.88
SALAD SIDE ROMAINE	1 CUP	3.47
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
DRESSING CAESAR,LITE	1 OZ	2.83
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		91.13
% of Calories		56.2%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient  
**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data  
**1** - denotes optional nutrient values

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# SODEXO

Page 7

Cycle No. 1 thru Cycle No. 25 Cycle Spreadsheet - Portion

Sep 18, 2012

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 3 Day 3		
K-5 LUNCH	Total	
SPAGHETTI WITH MARINARA	1/2 CUP	42.0
MEATBALLS 1oz	5 EACH	6.66
SPAGHETTI AND MEAT SAUCE	1 CUP	37.37
BREADSTICK,FRENCH	1 EACH	12.5
SAND HOT CHICKEN PATTY:K-8	1 EACH	38.0
SAND COLD HAM AND CHEESE:ES	1 EACH	26.6
SALAD ENT CHEF:K-8	1 EACH	32.06
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SALAD SIDE ROMAINE	1 CUP	3.47
KALE,SAUTEED	3/4 CUP	10.76
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		85.87
% of Calories		46.5%

	Portion Size	Carb (g)
Week 3 Day 4		
K-5 LUNCH	Total	
NACHOS SUPREME:K-8	1 EACH	29.55
SAND HOT TURKEY PULLED:K-8	1 EACH	34.69
WRAP BUFFALO CHICKEN:K-8	WRAP	40.71
YOGURT BOAT--LUNCH:K-5	1 EACH	51.0
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SALAD SIDE ROMAINE	1 CUP	3.47
CUCUMBER SLICES	3/4 CUP	1.93
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
SALSA	1/8 CUP	2.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		76.05
% of Calories		51.4%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - denotes optional nutrient values

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# SODEXO

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 3 Day 5		
K-5 LUNCH	Total	
PIZZA FRECH BREAD,CHEESE	1 EACH	34.0
PIZZA FRECH BREAD,PEPPERONI	1 EACH	34.09
SAND HOT BBQ RIBLET	1 EACH	26.0
WRAP CHICKEN CAESAR:K-8	WRAP	27.26
SALAD ENT LIFT-OFF SPINACH:K-8	1 EACH	31.25
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
BEANS,BAKED,VEGETARIAN	3/4 CUP	40.28
SALAD SIDE ROMAINE	1 CUP	3.47
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
DRESSING CAESAR,LITE	1 OZ	2.83
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		80.78
% of Calories		51.8%

Week 4 Day 1		
K-5 LUNCH	Total	
BURRITO BEAN & CHEESE:K-8	1 EACH	33.6
SAND HOT CHEESEBURGER:K-8	1 EACH	24.01
SAND HOT HAMBURGER:K-5	1 EACH	24.01
SAND COLD TURKEY & CHEESE:ES	1 EACH	29.37
SALAD ENT MINNIE MOUSE:K-8	1 EACH	29.51
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SALAD SIDE SPINACH	1 CUP	3.66
RED PEPPER STRIPS	3/4 CUP	4.16
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
DRESSING RANCH,LITE	1 OZ	1.89
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
SALSA	1/8 CUP	2.0
LETTUCE,SHREDDED	1/8 CUP	0.13
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	12.18
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		69.48
% of Calories		45.8%

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient  
**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data  
**1** - denotes optional nutrient values

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



# SODEXO

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 4 Day 2		
K-5 LUNCH	Total	
CHICKEN POT PIE	SERVING	43.48
BISCUIT	1 EACH	15.0
PIZZA BOB	1 EACH	30.78
SAND COLD TUNA:ES	1 EACH	26.47
SALAD ENT SWEET SOUR CHICK:K-8	1 EACH	55.73
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
POTATO FRENCH FRIES	3/4 CUP	30.0
SALAD SIDE SPINACH	1 CUP	3.66
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	12.18
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		96.74
% of Calories		56.0%

Week 4 Day 3		
K-5 LUNCH	Total	
ZITI,BAKED	6 OZ	47.87
BREADSTICK,FRENCH	1 EACH	12.5
SAND HOT CHICKEN PATTY:K-8	1 EACH	38.0
SAND COLD HAM AND CHEESE:ES	1 EACH	26.6
SALAD ENT CHEF:K-8	1 EACH	32.06
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SALAD SIDE SPINACH	1 CUP	3.66
BROCCOLI FRESH	3/4 CUP	4.53
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
MAYONNAISE	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	12.18
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		85.95
% of Calories		51.7%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - denotes optional nutrient values

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# SODEXO

Page 10

Cycle No. 1 thru Cycle No. 25 Cycle Spreadsheet - Portion

Sep 18, 2012

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 4 Day 4		
K-5 LUNCH	Total	
SAND HOT CHEESESTEAK:K-8	1 EACH	24.0
HOT DOG:K-8	1 EACH	24.0
WRAP BUFFALO CHICKEN:K-8	WRAP	40.71
BAGEL BOAT	1 EACH	45.0
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SALAD SIDE SPINACH	1 CUP	3.66
ZUCCHINI STICKS	3/4 CUP	3.0
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		39.52
% of Calories		41.9%

Week 4 Day 5		
K-5 LUNCH	Total	
PIZZA SMART CHEESE	1 EACH	37.0
PIZZA SMART PEPPERONI	1 EACH	36.0
SAND HOT MEATBALL SUB:K-8	1 EACH	32.78
WRAP CHICKEN CAESAR:K-8	WRAP	27.26
SALAD ENT PEPPI PIZZA:K-8	1 EACH	30.88
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SALAD SIDE SPINACH	1 CUP	3.66
BEAN,CONFETTI BEAN SALAD	3/4 CUP	31.23
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		81.98
% of Calories		48.5%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - denotes optional nutrient values

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# SODEXO

Page 11

Cycle No. 1 thru Cycle No. 25 Cycle Spreadsheet - Portion

Sep 18, 2012

## Values K-5 LUNCH

	Portion Size	Carb (g)
WEEK 5 DAY 1		
K-5 LUNCH	Total	
BOSCO STICK:ES	1 EACH	24.0
SAUCE MARINARA	2 OZ	4.78
SAND HOT CHEESEBURGER:K-8	1 EACH	24.01
SAND HOT HAMBURGER:K-5	1 EACH	24.01
SAND COLD TURKEY & CHEESE:ES	1 EACH	29.37
SALAD ENT MINNIE MOUSE:K-8	1 EACH	29.51
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
CARROTS,COOKED	3/4 CUP	9.57
SALAD SIDE ROMAINE	1 CUP	3.47
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
MAYONNAISE	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		74.99
% of Calories		50.0%

Week 5 Day 2		
K-5 LUNCH	Total	
CHICKEN STICKS	8 EACH	10.0
MEAT LOAF	3/4" SLICE	7.32
ROLL,DINNER WW	1 EACH	16.0
SAND COLD EGG SALAD:ES	1 EACH	28.21
SALAD ENT CHICKEN CAESAR:K-8	1 EACH	31.23
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
POTATO MASHED	1/2 CUP	16.74
CORN FROZEN	1/4 CUP	7.96
SALAD SIDE ROMAINE	1 CUP	3.47
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
DRESSING RANCH,LITE	1 OZ	1.89
DRESSING CAESAR,LITE	1 OZ	2.83
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		80.61
% of Calories		51.5%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# SODEXO

Page 12

Cycle No. 1 thru Cycle No. 25 Cycle Spreadsheet - Portion

Sep 18, 2012

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 5 Day 3		
K-5 LUNCH	Total	
BEEF & VEGGIE STIR FRY	SERVING	8.96
RICE BROWN	3/4 CUP	38.4
SAND HOT CHICKEN PATTY:K-8	1 EACH	38.0
SAND COLD HAM AND CHEESE:ES	1 EACH	26.6
SALAD ENT CHEF:K-8	1 EACH	32.06
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
BOK CHOY,SAUTEED	3/4 CUP	1.88
SALAD SIDE ROMAINE	1 CUP	3.47
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
KETCHUP	1 TBSP	0.0
MUSTARD	1 TBSP	0.0
MAYONNAISE	1 TBSP	0.0
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		94.06
% of Calories		55.0%

Week 5 Day 4		
K-5 LUNCH	Total	
PASTA PRIMAVERA	1 CUP	30.86
BREADSTICK,FRENCH	1 EACH	12.5
SAND HOT TURKEY PULLED:K-8	1 EACH	34.69
WRAP HUMMUS	WRAP	39.29
YOGURT BOAT--LUNCH:K-5	1 EACH	51.0
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SALAD SIDE ROMAINE	1 CUP	3.47
CELERY STICKS	3/4 CUP	3.31
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		81.77
% of Calories		53.3%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# SODEXO

## Values K-5 LUNCH

	Portion Size	Carb (g)
Week 5 Day 5		
K-5 LUNCH	Total	
PIZZA FRECH BREAD,CHEESE	1 EACH	34.0
PIZZA FRECH BREAD,PEPPERONI	1 EACH	34.09
SAND HOT BBQ RIBLET	1 EACH	26.0
WRAP CHICKEN CAESAR:K-8	WRAP	27.26
SALAD ENT LIFT-OFF SPINACH:K-8	1 EACH	31.25
SAND COLD PB&J:K-8	1 EACH	47.0
CHEESE,STRING	1 EACH	0.67
SALAD SIDE ROMAINE	1 CUP	3.47
BEAN, BLACK BEAN DIP	1/2 CUP	21.06
CARROTS BABY FRESH	1/2 cup	5.73
FRUIT,CANNED ASSORTED	1/2 CUP	15.8
FRUIT,FRESH ASSORTED	1 EACH	17.47
DRESSING RANCH,LITE	1 OZ	1.89
MILK CHOCOLATE NONFAT	HALF PINT	22.0
MILK WHITE 1%	HALF PINT	13.0
MILK SKIM	HALF PINT	13.0
Weighted Daily Average		77.62
% of Calories		50.9%

Weighted Average		81.19 51.1%
------------------	--	----------------

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Carbohydrate (g)	81.19	51.09%						

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 † - denotes optional nutrient values*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**